

# LOOK WHAT'S NEW



Say hello to our brand new beautiful bakery case! Brandee has been patiently waiting it's arrival and is spending the early morning hours each day filling it with delicious scratch-made treats for your enjoyment! New items this month include delicious sticky buns and cinnamon rolls.



We've added two more coffees to our line of Prairy Blend coffees from The Roasterie; Prairy Decaf Blend and Prairy Winter Blend. Three delicious coffees all in brand new packaging!

## LAST CHANCE TO BUY GREAT PLAINS GRAIN BAGS

Please read Kathleen's message below and join us in wishing her well!

*"A huge thank you to those of you who have purchased the wheat bags for your hot and cold treatments! Some of you have been loyal customers of mine for over 20 years. I sincerely thank you!"  
God Bless,  
Kathleen Neff*

601 N. Main Street, Newton, Kansas, 67114  
316-283-6623  
info@prairieharvestks.com  
prairieharvestks.com

Store Hours:  
9am-7pm Mon, Tue, Wed, Fri  
9am-8pm Thu  
9am-5pm Sat  
Closed Sunday

# Prairie Harvest

Market & Deli

## ANNOUNCEMENTS

### Thanksgiving Pre-orders

Local Turkeys -\$4.29/lb with the choice of a small, medium, or large sized bird. Order by Nov. 12th. Available for pick-up Nov. 17th.

Stuffing Kits - Everything you need to make the most delicious stuffing. Order by Nov. 12th. Available for pick-up after Nov. 17th.

Zwieback - Sold by the dozen. Order by Nov. 14th. Available for pick-up Nov. 16th or Nov. 21st.

Pies- Apple crumb, peach, and cherry pies. Order by Nov. 12th. Available for pick-up Nov. 16th or 21st.

Ice Cream - Salted Creamery is offering vanilla and salted caramel quarts on sale for \$9. Order by Nov. 19. Available for pick-up Nov. 19th-21st.

To Order:  
Call (316) 283 - 6623  
Email - [info@prairieharvestks.com](mailto:info@prairieharvestks.com)  
or Stop By the Store!

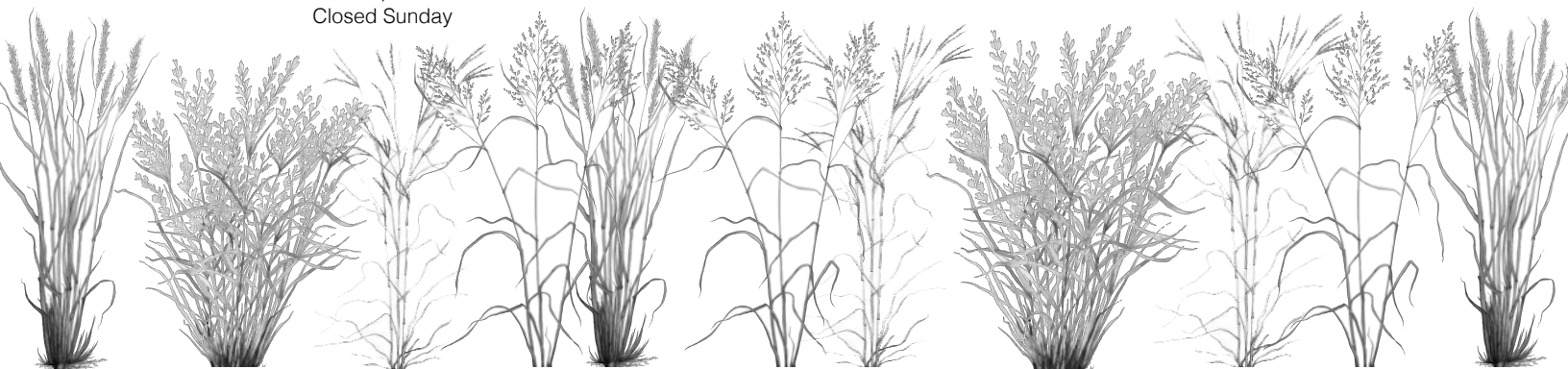
### Taste of Christmas - Nov. 8 - 10

We're participating in the Newton Chamber of Commerce's Taste of Christmas! Stop by for free samples of some of our favorite products and grab your puzzle piece to complete their puzzle.

### Ten Thousand Villages Pop Up - Nov. 23, 24, & 25

Ten Thousand Villages will be set up on the Mezzanine again this year! Stop by and cross a few things of your Christmas list.

Closed for Thanksgiving - Nov. 22nd



# LUNCH

Lunch is served 11-3:30pm. We serve different prepared from scratch meals each day of the week as well as our daily menu items in our deli cooler. Dine in or pick up the family-sized grab and go frozen meals from the freezer.

## Monday

- Aunt Millie's Veggie Beef Soup
- Lasagna (Beef or Black Bean - V)

## Tuesday

- Sicilian Sausage Soup - GF
- Taco Bar (Beef or Pinto Bean - V)

## Wednesday

- Chicken Pot Pie
- Roasted Red Pepper & Tomato Soup with Crispy Chick Peas - Vegan, GF, V

## Thursday

- Vegetable Potato Soup - GF, V
- Cajun Beans & Rice - GF, V

## Friday

- Chicken Tortilla Soup - GF
- Alfredo penne pasta with Steamed Veggies - V

## Saturday

- Prairie Chili - V
- Macaroni & Cheese - V

## Daily Menu Items

- Turkey with sweet and tangy mustard sandwich or wrap
- Tuna salad sandwich or wrap
- Ham and swiss sandwich or wrap
- Veggie Wrap - V
- Tuna Salad on Greens - GF
- Chicken Cobb Salad
- Veggie Crunch Salad - GF, V
- Spinach Salad - GF, V
- Quinoa Salad - GF, V
- Banh Mi Roll - GF, V
- Bison and Cheese Cup - GF
- Grape and Cheese Cup - GF, V
- Berry Parfait - V
- Orange Cookie Parfait - V
- Hummus with veggies - GF, V
- Hummus with pita - V
- Hummus 8 oz - GF, V

# THURSDAY DINNER

Join us Thursdays for a delicious scratch made dinner served 4:30-7:30pm.

## November 1st

- Creamy Mushroom Chicken on the Mezzanine

## November 8th

- Cheesy Broccoli Soup

## November 15th

- Local Beef Bierocks

## November 22nd

- Closed

## November 25th

- Creamy Chicken Chili

## Every Thursday

- Cajun Beans & Rice - GF, V
- Daily Menu Items

# BAKING SCHEDULE

Bread is baked fresh in store Monday-Friday each week.

## Monday

- 100% Whole Wheat
- Scone Variety

## Tuesday

- Oatmeal and Seven Grain

## Wednesday

- Honey Whole Wheat and Cracked Wheat

## Thursday

- Cinnamon-Orange Swirl and Seven Grain

## Friday

- Zwieback

## Daily

Monster Cookies - GF, Date Bars - GF, Peanut Butter Chocolate Bars - GF, Biscotti, Carrot Cake, Lunar Mocha Energy Balls - GF, Monster Cookie Energy Balls - GF, Cranberry Orange Chia Energy Balls - GF, Apple Cinnamon Muffins, Pumpkin Chocolate Chip Muffins

Key: V-vegetarian item, may contain dairy or eggs  
GF - Gluten Free Ingredients item. While these items are made with naturally gluten-free ingredients, please be aware that they are prepared in our kitchen which also produces products containing gluten.